



COVID-19 GUIDANCE FOR THE LVA LONDON LEAGUE

This document has been produced by the London Volleyball Association in response to COVID-19. We advise that the measures below be put in place to mitigate potential risks to players, coaches, officials, event organisers, volunteers and spectators.

This document will be reviewed monthly and will be updated as regularly as is required. The document will be distributed to clubs and teams each time it is updated.

1. Participants **are requested** to take a **lateral flow test** immediately (or as close as possible) before travelling to a competition or training session – and should not travel but isolate if the result is positive.
2. Teams **do not change ends** unless one end provides a significant advantage to a team. The 1st referee has the responsibility to determine this.
3. Referees **can** use whatever **whistles** they wish to use.
4. Home teams **are responsible for sanitising the balls** after each set.
5. We will **not stop at 15 points** to clean the ball or sanitise hands.
6. A **COVID-19 Officer** is **not** required to be present.
7. A **risk assessment** including COVID-19 **is advised** to be produced.
8. The LVA does **not** require **COVID-19 Passports**.
9. **Line up sheets** **are required** as per the regulations.
10. **Scoresheets** **must be** completed using your own pen.
11. **Spectator attendance** is **determined by** the host venue.
12. **No normal handshaking** to be done after the match. Teams to stand on the 3m line.
13. All teams **must** bring their own hand gels and **sanitise their hands** after each set.